

## Ghorepani Poonhill Trekking

Ghorepani area is ideal for trekking. It lies in the western part of Kathmandu, one of the most popular destination which offers impressive natural scenery, marvelous views of Annapurna, Dhaulagiri, Machhapuchchhre and Himchuli.

The highlights of this trek include beautiful mountain scenery, pristine forests, diversity of flora and fauna and it allows you to experience the warm heartedness of the simple people whose rich and varied customs give you an insight into the typical life style of Gurung and Magar people.

The main attraction of Ghorepani trekking is Poon Hill, situated at an altitude of 3210m, the most spectacular mountain spot on earth.

### Facts of Trek

Grade: Moderate

Per day walking: 5-6 hours

Duration 10 days

Maximum height: 3210m

Best seasons: February, March, April, May, October, November

Type of Trek: Teahouse

Start/Finish: Nayapul

### Trekking Highlights

- Offers excellent views of Annapurna South, Machhapuchchhre and Himalchuli
- Exploring the scenic and magnificent beauty of the rich Nature
- Traditional Gurung Museum
- Unique hill cultures to explore
- Poon Hill

### Trekking Itinerary

#### Day 01: Arrive at Kathmandu

On your arrival at Kathmandu Airport you will be met by our representative who will take you to the hotel for the night.

#### Day 02: Kathmandu City Tour

After having breakfast you take a sightseeing tour around Kathmandu valley. You will visit many Buddhist and Hindu temples which reflect the local culture and tradition of Nepalese society. In the afternoon you will be taken back to your Hotel.

#### Day 03: Kathmandu to Pokhara (6 hours drive)

You are driven from Kathmandu to Pokhara, arriving at lunch time. Take the afternoon to look around the lake side and return back to Hotel, B.B. O/N at Pokhara.

#### Day 04: Pokhara to Tikhedhunga (1540m)

Take a one hour drive to Nayapul where your trek will start following the path of Modi Khola (river) passing Birethanti (1000m), a large and prosperous town. From there you will reach Tikhedhunga. O/N at Tikhedhunga.

#### Day 05: Tikhedhunga to Ghorepani (2870m)

The trail crosses Tikhedhunga continuing to the large Magar village of Ulleri (2080m) and climbs to Banthali (2250m). Observing the magnificent oak and rhododendron forest you climb to Nangathanti (2460m) and walking an hour uphill you will reach Ghorapani. O/N at Ghorepani.

#### Day 06: Ghorepani to Tadapani (2710m)

Early in the morning you will climb about one hour to Poon Hill (3210m), here at sunrise you have magnificent views of Annapurna, Dhaulagiri, Nilgiri, Himchuli and Machhapuchchhre mountains. Back at the Hotel you will have breakfast and start your trek. You will climb to Gurung Hill (just like Poon Hill), crossing pine and rhododendron

forests with excellent views you will trek down to Deorali (3090m), further trek down to Banthati (2650m). Passing Banthati trek down to the small river and climbing up the trail heads to Tadapani. O/N at Tadapani.

#### **Day 07: Tadapani to Ghandruk (1940m)**

The trail descends steeply through the forest to Baisi Kharka. Then the trail further descends to a stream, crossing the stream the trail proceeds towards Ghandruk, a beautiful village where you have excellent views of Annapurna South and it is also the headquarter of Annapurna Conservation Area Project (ACAP). O/N at Ghandruk.

#### **Day 08: Ghandruk to Nayapul (1070m) to Pokhara**

From Ghandruk the trail descends to Chane (1690m) and to Kimchi (1640m). Follow the ridge downhill to Kehone Danda then to Kliu (1390m) and on to a suspension bridge crossing over the Sadhu Khola (river), finally arriving alongside the modi Khola you will reach Shauli Bazaar (1140m). Passing through the lovely birch forest you will get to Lamakhet and then to Birethanti (1000m). Walking about half hour you will reach to Napa Puland from Nayapul you will have 1 hour drive to Pokhara. O/N at Pokhara.

#### **Day 09: Pokhara to Kathmandu**

Drive back to Kathmandu (6 hours drive by van/car), Hotel, B.B. O/N at Kathmandu.

#### **Day 10: Transfer to Airport for your onward destination.**

### **Cost Includes:**

- Airport pick up and transfer by private vehicle as per the itinerary.
- Accommodation in Kathmandu at 3-4 star hotel including breakfast on twin sharing.
- Kathmandu city tours inclusive of vehicle transfer, entrance fees & professional English speaking tour guide.
- Surface transportation to and from trekking start and end point.
- Accommodation during the trek at guest houses/lodges on twin sharing.
- Meals (Breakfast, Lunch and Dinner) with Tea & coffee during the trek.
- Highly experienced Government licensed guide and necessary porters during the trek and their transportation, food, accommodation, salary, equipments and insurance.
- Trekker's Information Management System (TIMS).
- Annapurna Conservation Area Entrance Permit and fees.
- First Aid medical kit
- Duffle Bag
- Government taxes
- Service charge.

### **Cost Exclude:**

- Any meals other than breakfast in Kathmandu and Pokhara.
- International airfares
- Nepal entry visa fee US\$ 30 (duration 60 days from date of issue)- you may easily issue the visa upon your arrival at Tribhuvan International Airport – Kathmandu, Nepal
- Rescue & travel insurance, trip cancellation costs, accident or health emergency, evacuation, loss, theft or damage to baggage and personal effects. We strongly advise you to take out personal travel insurance.
- Items of a personal nature.
- Any kind of alcoholic drinks, hot water, hot shower, cold drinks, laundry, phone call, and internet.
- Tips & Gratuities

**Note:** The best season for this trek is Feb to May or Sep to Dec. Whether staying in tea houses or opting for a tent, tacking on acclimatization days, or adding rafting and safari, you can customize your trekking experience to make it one of a kind.

## **Contact Us**

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